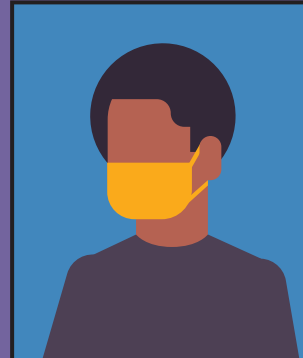


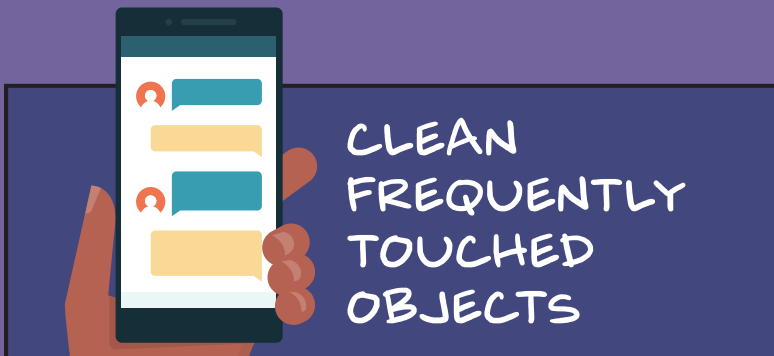
# Slow the Spread of COVID-19



WHEN OUT WITH YOUR FRIENDS,  
WEAR A CLOTH FACE COVERING



AND STAY  
6 FEET APART  
FROM OTHERS



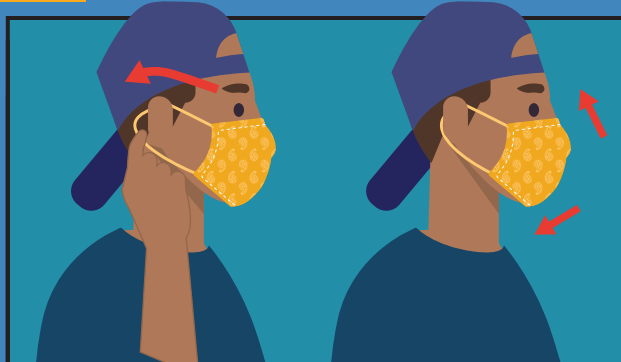
[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

# Wear a Cloth Face Covering to Protect You and Your Friends

## PUT ON



WASH YOUR HANDS



PLACE OVER NOSE AND MOUTH

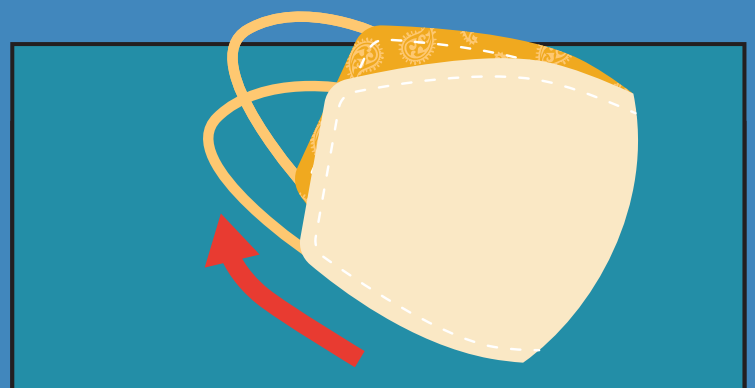


MAKE SURE YOU CAN BREATHE EASILY

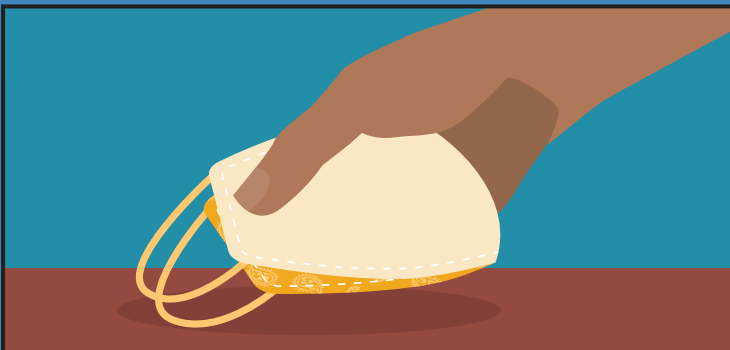
## TAKE OFF



TAKE OFF YOUR FACE COVERING



FOLD OUTSIDE CORNERS TOGETHER



PUT ASIDE FOR WASHING



WASH YOUR HANDS

WASH YOUR HANDS OFTEN, WEAR A MASK, AND STAY 6 FEET FROM OTHERS.



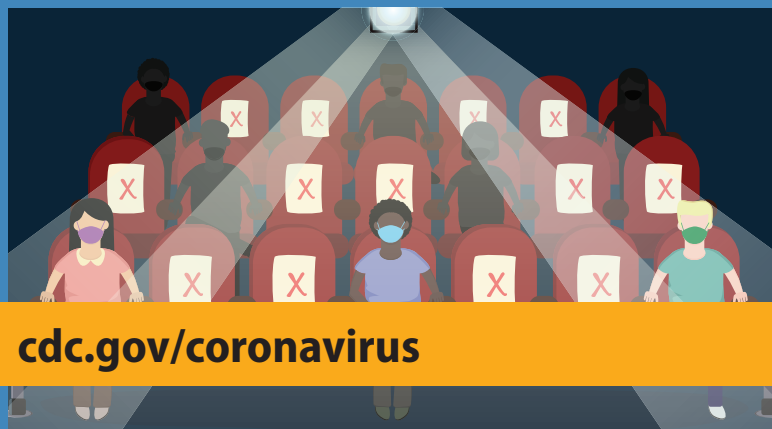
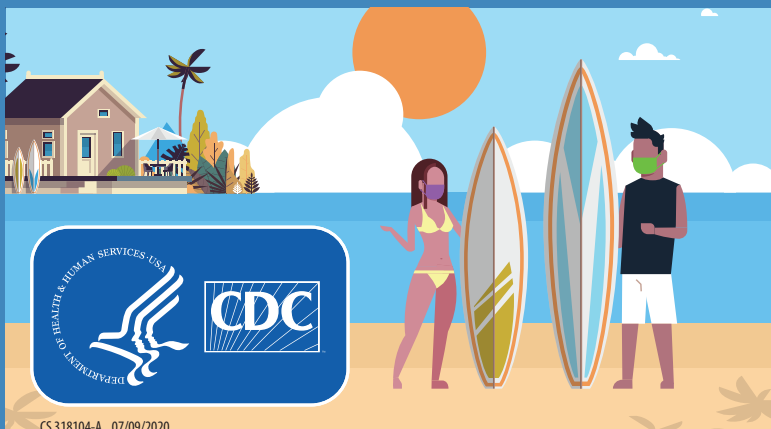
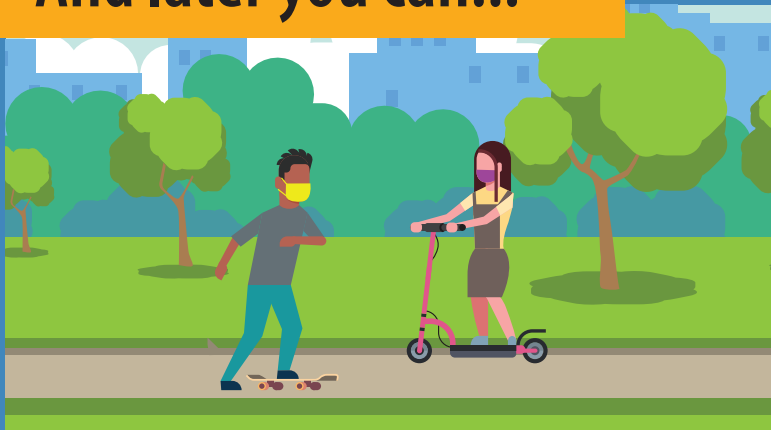
# Do it for Yourself and Your Friends

If you have or think you have COVID-19

Stay home, get rest, and hydrate



And later you can...



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

# Help Protect Yourself and Others from COVID-19



**Stay 6 feet from others**



**Wear a cloth face covering**



**Wash your hands often**



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

# Stay Safe at the Pool/Beach

- Stay 6 feet away from others
- Wear a cloth face covering when not in water
- Wash your hands often



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

# What Your Test Results Mean

## If you test positive, stay home

- Separate yourself from others
- Rest & hydrate



## If you test negative, prevent getting sick by

- Social distance
- Wear a face covering
- Wash your hands



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)